

moda

# Larkspur

## 3 Sisters



Size: 84" x 84"



*The busy lark, the herald of the day, Salutes now in her song the morning grey - Chaucer*

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# Larkspur







Finished Size: 84"x84"  
Block Size: 15"x15"






3 Sisters



*For ease of piecing, sort pieces by size and color as they are cut.*

## Cutting

-  **Fabric 1**  
Cut 13 – 3"xWOF strips  
Subcut 88–3"x 5½" rectangles for flying geese bkgds.  
Cut 8– 3½"xWOF strips for inner border.
-  **Fabric 2**  
Cut 5 – 3"xWOF strips  
Subcut 60–3"x 3" squares for outer corners  
and flying geese corners.  
Cut 8 – 2"xWOF strips for outer border.  
Cut 9 – 2½"xWOF strips for binding
-  **Fabric 3**  
Cut 5 – 3"xWOF strips  
Subcut 64–3"x 3" squares for flying geese corners.
-  **Fabric 4**  
Cut 12 – 3"xWOF strips  
Subcut 80–3"x 5½" rectangles for flying geese bkgds.
-  **Fabric 5**  
Cut 5 – 3"xWOF strips  
Subcut 64–3"x 3" squares for flying geese corners.  
Cut 2 – 6"xWOF strips  
Subcut 8–6"x 6" squares for T-Block corner HSTs.
-  **Fabric 6**  
Cut 5 – 3"xWOF strips  
Subcut 64–3"x 3" squares for flying geese corners.  
Cut 2 – 6"xWOF strips  
Subcut 8–6"x 6" squares for T-Block corner HSTs.

-  **Fabric 7**  
Cut 5 – 3"xWOF strips  
Subcut 64 –3"x 3" squares for flying geese  
corners.  
Cut 2 – 6"xWOF strips  
Subcut 8 –6"x 6" squares for T-Block  
corner HSTs.
-  **Fabric 8**  
Cut 4 – 3"xWOF strips  
Subcut 28 –3"x 5½" rectangles for flying  
geese bkgds.  
Cut 2 – 5½"xWOF strips  
Subcut 8–5½"x 5½" center squares and  
4 –3"x 5½" rectangles for flying geese bkgds.
-  **Fabric 9**  
Cut 4 – 3"xWOF strips  
Subcut 16 –3"x 5½" rectangles for flying  
geese bkgds. and 16–3"x 3" squares for corners  
Cut 1 – 5½"xWOF strips  
Subcut 4 –5½"x 5½" center squares.
-  **Fabric 10**  
Cut 5 – 3"xWOF strips  
Subcut 64 –3"x 3" squares for flying outer  
flying geese corners.
-  **Fabric 11**  
Cut 7 – 3"xWOF strips  
Subcut 80 –3"x 3" squares for outer  
flying geese corners.

# Cutting – cont.

**Fabric 12**  
 Cut 5 – 3"xWOF strips  
 Subcut 20 – 3"x 3" squares and 20 – 3"x 5½"  
 rectangles for corners and flying geese corners.

**Fabric 13**  
 Cut 4 – 6"xWOF strips  
 Subcut 24 – 6"x 6" squares for T-Block  
 corner HSTs.

**Fabric 14**  
 Cut 2 – 5½"xWOF strips  
 Subcut 9 – 5½"x 5½" center squares.

**Fabric 15**  
 Cut 4 – 3"xWOF strips  
 Subcut 16 – 3"x 3" squares for corners  
 and 16 – 3"x 5½" rectangles for flying  
 geese bkgds.

**Fabric 16**  
 Cut 4 – 3"xWOF strips  
 Subcut 48 – 3"x 3" squares for outer corners  
 and center flying geese.

**Fabric 17**  
 Cut 3 – 3"x 22" strips  
 Subcut 16 – 3"x 3" squares for outer corners.

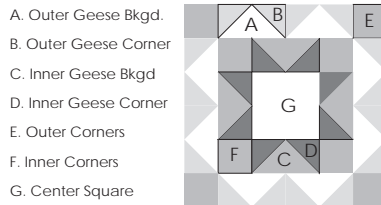
**Fabric 18**  
 Cut 5 – 3"x 22" strips  
 Subcut 32 – 3"x 3" squares for center  
 flying geese.

**Fabric 19**  
 Cut 4 – 5½"x 5½" center squares

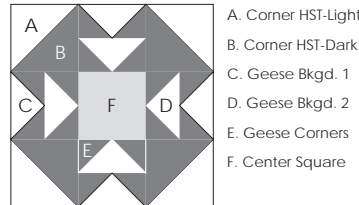
# Construction

*This quilt is made up of 4 different Star blocks and 3 different T-blocks. To avoid confusion group the various parts for each block before beginning to stitch. Refer to the diagrams and charts below for parts and pieces for each block.*

Pieces for One Star Block



Pieces for One T Block



For One Star Block →	A Outer Geese Bkgd. 3"x5½"	B Outer Geese Corners 3"x3"	C Inner Geese Bkgd. 3"x5½"	D Inner Geese Corners 3"x3"	E Outer Corners 3"x3"	F Inner Corners 3"x3"	G Center Square 5½"x5½"
Star Blk 1	8 – F8	16 – F3	4 – F9	8 – F16	4 – F16	4 – F9	1 – F14
Star Blk 2	8 – F1	16 – F11	4 – F12	8 – F2	4 – F2	4 – F12	1 – F19
Star Blk 3	8 – F4	16 – F10	4 – F15	8 – F18	4 – F17	4 – F15	1 – F14
Center Star <small>Make 1</small>	8 – F1	16 – F11	4 – F12	8 – F2	4 – F2	4 – F12	1 – F14

Make 4 of Each

For One T Block →	A Corner HST Light 6"x6"	B Corner HST Dark 6"x6"	C Geese Bkgd. 1 3"x5½"	D Geese Bkgd. 2 3"x5½"	E Geese Corners 3"x3"	F Center Square 5½"x5½"
T Blk 1	2 – F13	2 – F5	4 – F4	4 – F1	16 – F5	1 – F9
T Blk 2	2 – F13	2 – F6	4 – F1	4 – F4	16 – F6	1 – F8
T Blk 3	2 – F13	2 – F7	4 – F1	4 – F4	16 – F7	1 – F8

Make 4 of Each

KEY	# of cut pieces	→ 8 – F8 ←	Fabric #
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## Construction – cont.

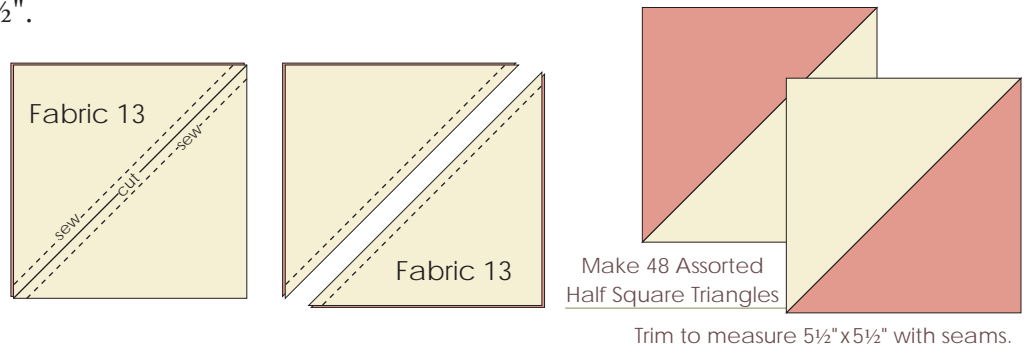
Two different pieced units are used throughout this quilt – half square triangles (HSTs) and flying geese.

Refer to the charts on the previous page for fabric placement and follow the directions below to make 156 assorted flying geese for the 13 Star blocks and 96 assorted flying geese and 48 assorted half square triangles for the 12 T-Blocks.

### How to Make Half Square Triangles (HSTs)

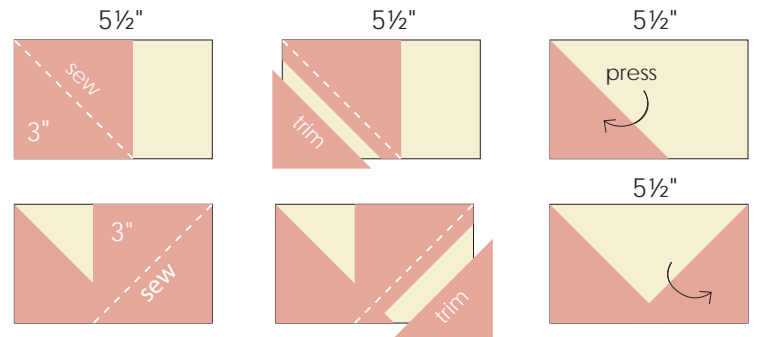
1. Using a mechanical pencil draw a diagonal line on the wrong side of all of the 24 – 6"x6" light Fabric 13 squares.
2. With right sides together align and pair the marked Fabric 13 squares with a dark (Fabrics 5, 6, or 7) 6"x6" square.
3. Stitch a scant  $\frac{1}{4}$ " away from the marked line.
4. Cut on marked line to make 48 assorted half square triangle units. Press toward the dark fabric.
5. Trim units to measure  $5\frac{1}{2}$ "x $5\frac{1}{2}$ ".

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### How to Make Flying Geese

1. Using a mechanical pencil, draw a diagonal line on the wrong side of the 3" Geese Corner squares.
2. With right sides together align edges of marked square and 3"x $5\frac{1}{2}$ " rectangle noting direction of marked line.
3. Stitch on the marked line. Trim  $\frac{1}{4}$ " from the sewn line. Trim away only the middle layer, do not cut away the background. This will help keep units square.
4. Press to the corner to form a triangle.
5. Repeat steps on opposite end to make a flying geese unit.



Refer to charts on the previous for fabric placement to make 156 flying geese for the 13 Star Blocks and 96 flying geese for the 12 T Blocks.

## Assemble Blocks



Star Block 1  
Make 4

Star Block 2  
Make 4

Star Block 3  
Make 4

Center Star Block  
Make 1

T-Block 1  
Make 4

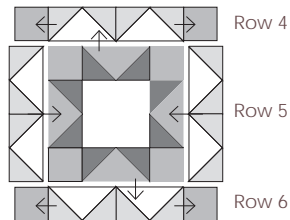
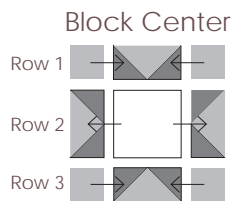
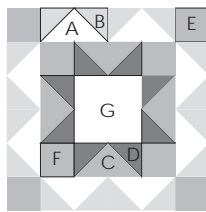
T-Block 2  
Make 4

T-Block 3  
Make 4

## Assemble Blocks – cont.

### Star Blocks – Make 12 plus 1 Center Star

- A. Outer Geese Bkgd.
- B. Outer Geese Corner
- C. Inner Geese Bkgd
- D. Inner Geese Corner
- E. Outer Corners
- F. Inner Corners
- G. Center Square

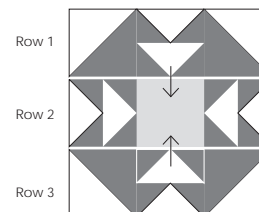
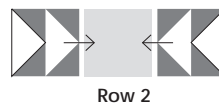
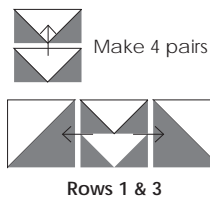
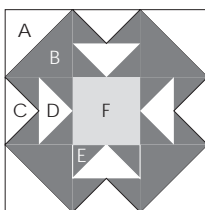


*Each Star block requires: 1 center square, 4 inner flying geese units, 4 inner corner squares, 8 outer flying geese units and 4 outer corner squares. Refer to diagram above.*

1. Rows 1 & 3 – Stitch a 3" square inner corner block to opposite ends of an inner flying geese unit. Press seams toward arrow.
2. Add remaining inner flying geese units to opposite sides of center square. Note direction of geese. Press toward arrows. Block center should measure 10½" x 10½" with seams.
3. Join Rows 1, 2, and 3. Press away from center.
4. Join the outer flying geese units end to end. Press. Make 4 pairs.
5. Stitch a 3" square outer corner block to opposite ends of two paired flying geese units. Press seams toward arrows.
6. Add remaining 2 stitched flying geese pairs to opposite sides of center star. Press toward arrows. Geese should point outward.
7. Join Rows 4, 5 and 6 to complete block. Star Block should measure 15½" x 15½" with seams.
8. Repeat steps to make 4 each of Star Blocks 1, 2 and 3 and 1 Center Star Block.

### T-Blocks – Make 12

- A. Corner HST-Light
- B. Corner HST-Dark
- C. Geese Bkgd. 1
- D. Geese Bkgd. 2
- E. Geese Corners
- F. Block Center



*Each T-Block requires: 1 center square, 4 HST corner units, and 8 flying geese units. Refer to diagrams above.*

1. Rows 1 & 3 – Stitch two flying geese units together vertically. press toward arrows. Make 4 pairs. Add half square triangle units to opposite ends of two flying geese pairs. Press toward arrows.
3. Row 2 – Stitch the remaining flying geese pairs to opposite sides of the center square. Note direction of flying geese . Press toward arrows.
4. Join pieced rows together. Press. T-Blocks should measure 15½" x 15½" with seams. Make 4 each of T-Blocks 1, 2 and 3.

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## Assemble Quilt

Refer to diagram on the right for block placement.

Piece 5 rows each with 5 blocks.

Three rows begin with a Star block and two begin with a T-block.

Press rows in opposite directions. Follow the arrows.

## Inner Border

Using a straight seam join the 8-3½" x WOF Fabric 1 strips into four sets of two. Press.

1. Measure the assembled quilt top from top to bottom through the center. Cut two pieced inner border strips to that measurement (approx. 75½"). Add strips to opposite sides of the quilt top. Press toward inner border.
2. Measure the quilt top through the center from side to side including the inner borders. Cut the remaining 2 pieced inner border strips to that measurement (approx. 81½"). Add to top and bottom of the quilt. Press toward the border.

## Outer Border

Stitch the 8-2" x WOF Fabric 2 border strips into four sets of two. Press.

Repeat the measurement Steps 1&2 above.

Cut 2-2" x approximately 81½" outer border strips. Add to opposite sides of quilt top. Press toward outer border.

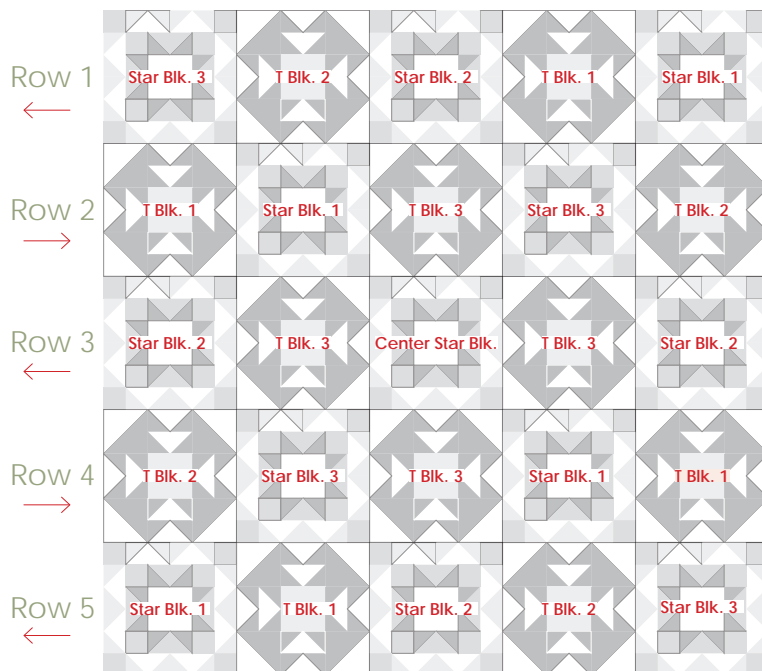
Cut 2 remaining outer border strips to measure approximately 84½". Add to top and bottom to complete the quilt. Press toward outer border.

Quilt top should measure 84½" x 84½" with seams.

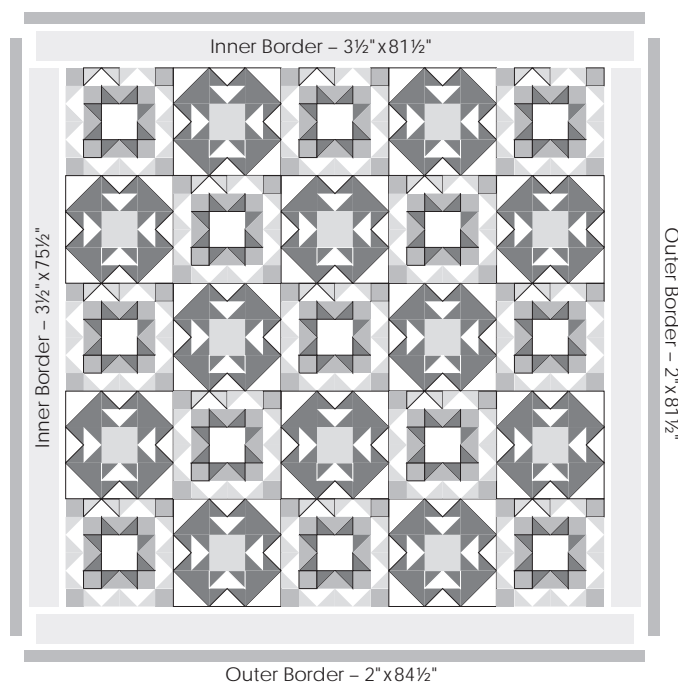
## Finishing

Using a diagonal seam, join the 9-2½" x WOF strips end to end. Press seams open. Fold prepared strip in half wrong sides together and press to make the binding.

Layer, Quilt and Bind



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# Larkspur

## 3 Sisters

Finished Size: 84"x84"  
Block Size: 15"x15"

### Quilters Basics

*Read instructions before beginning a project.  
All instructions include a 1/4" seam allowance.  
Press as you go. Press seams in one direction  
22" measurement is approximate.*

Fabric 1



44108 11-2/4 yds.

Fabric 2



44107 16-1/4 yds.

Fabric 3



44108 13-3/4 yd.

Fabric 4



44107 11-1/4 yds.

Fabric 5



44100 13-7/8 yd.

Fabric 6



44104 15-7/8 yd.

Fabric 7



44104 16-7/8 yd.

Fabric 8



44103 11-3/4 yd.

Fabric 9



44105 12-5/8 yd.

Fabric 10



44108 14-5/8 yd.

Fabric 11



44106 14-3/4 yd.

Fabric 12



44101 13-5/8 yd.

Fabric 13



44105 11-3/4 yd.

Fabric 14



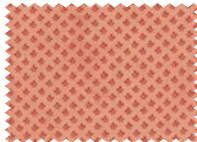
44100 11-1/2 yd.

Fabric 15



44101 16-1/2 yd.

Fabric 16



44107 15-1/2 yd.

Fabric 17



44107 13-FQ

Fabric 18



44107 12-3/8 yd.

Fabric 19



44100 14-FQ

Backing - 7 3/4 yd.



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